

[www.dsvv.ac.in](http://www.dsvv.ac.in)



देव संस्कृति विश्वविद्यालय  
DEV SANSKRITI VISHWAVIDYALAYA

Gayatrikunj · Shantikunj, Haridwar -249411 (India)

email: [info@dsvv.ac.in](mailto:info@dsvv.ac.in) • web: [www.dsvv.ac.in](http://www.dsvv.ac.in)

5.1.3: Following capacity development and skills enhancement activities are organized for improving students' capability

- Soft skills
- Language and communication skills
- Life skills (Yoga, physical fitness, health and hygiene, self-employment and entrepreneurial skills)
- Awareness of trends in technology



## Seven Days Workshop on Effective Communication Skills

Venue: Annapurna Bhawan, II Floor

27 May 2023

03:30 PM- 05:00 PM

Saturday

### Day 01:

1. Moderator: Mr. Vivek Pandey
2. Theme Setting: Ms. Ragini Vanshidhar
3. Session 01: "All World Gayatri Pariwar: An Introduction" by Hon. Vice Chancellor Sir.
4. Session 02: "Jeevan Vidya Ka Alok Kendra: Dev Sanskriti Vishwavidyalaya" by Hon. Registrar Sir.

The programme commenced with the lighting of the ceremonial lamp by Hon. Vice Chancellor and Registrar. This was followed by the inaugural session of Vice Chancellor, Respected Shri Sharad Paradhi Ji, where he urged the participants to make use of the workshop to the maximum extent possible in order to enhance their communication skills. The mission and vision of AWGP were unveiled amongst the participants by presenting them with a brief life-sketch of Pujya Gurudev and the historical timeline of AWGP. Hon. Sir gravitated the participants towards mutual respect and affinity as they all are members of the AWGP family. This was followed by the Session of Registrar, Respected Baldau Dewangan Ji. Hon. Sir briefed the participants about the University's vision, mission and achievements. He highlighted the uniqueness of the university and congratulated everyone for this seven day journey of enhancing the communication skills.

**SHARAD PARDHY**  
Vice Chancellor  
Dev Sanskriti Vishwavidyalaya  
Gayatrikunj, Shantikunj,  
Haridwar 249411

## Glimpses of Day 01



Haridwar, UT, India

Haripur Kalan, Haridwar, 249411, UT, India

Lat 29.999500, Long 78.193011

05/27/2023 03:15 PM GMT+05:30

Note: Captured by GPS Map Camera



Haridwar, Uttarakhand, India

X5XV+33G, Haripur Kalan, Haridwar, Uttarakhand 249411, India

Lat 29.997766°

Long 78.192684°

27/05/23 04:04 PM GMT +05:30

Google

*Sharad*  
**SHARAD PARDHY**  
Vice Charicellor  
Dev Sanskriti Vishwavidyalaya  
Gayatrikunj, Shantikunj,  
Haridwar 249411



Haridwar, Uttarakhand, India

X5XV+33G, Haripur Kalan, Haridwar, Uttarakhand 249411, India

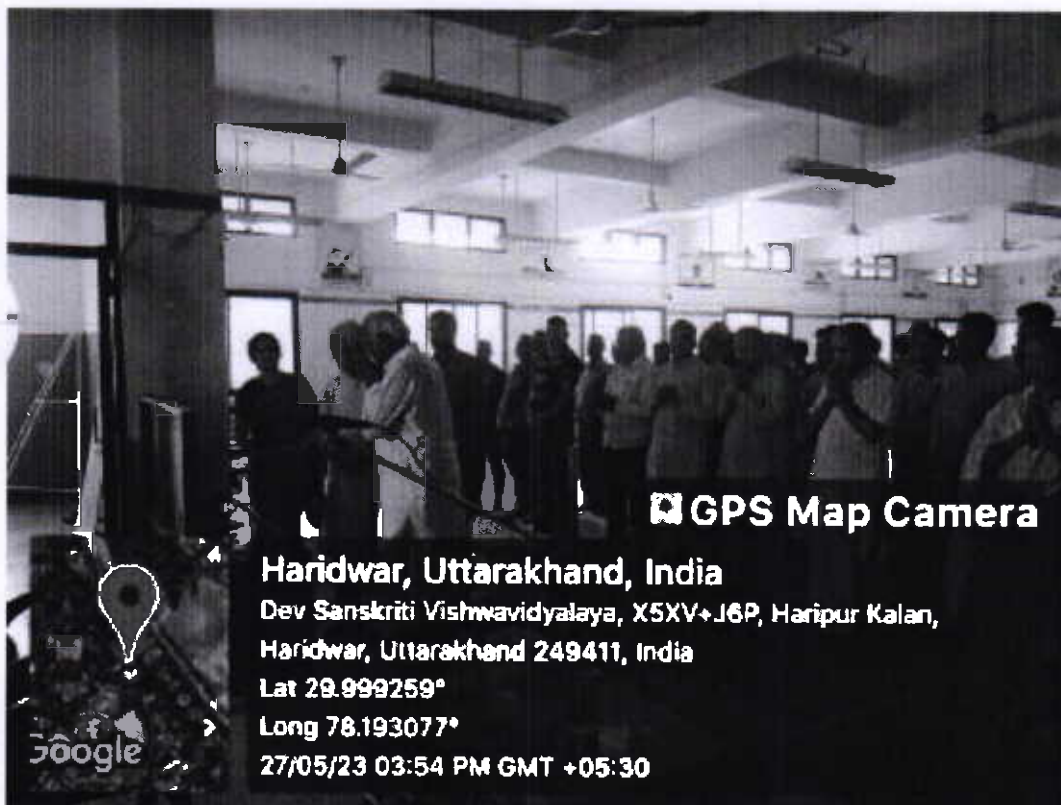
Lat 29.997766°

Long 78.192684°

27/05/23 04:28 PM GMT +05:30

Google

GPS Map Camera



GPS Map Camera

Haridwar, Uttarakhand, India

Dev Sanskriti Vishwavidyalaya, X5XV+J6P, Haripur Kalan,

Haridwar, Uttarakhand 249411, India

Lat 29.999259°

Long 78.193077°

27/05/23 03:54 PM GMT +05:30

Google

*Sharad*

**SHARAD FARDHY**  
Vice Chancellor  
Dev Sanskriti Vishwavidyalaya  
Gayatrikunj, Shantikunj,  
Haridwar 249411



*Sharad*

**SHARAD PARDHY**  
Vice Chancellor,  
Dev Sanskriti Vishwavidyalaya  
Gayatrikunj, Shantikunj,  
Haridwar 249411

# Attendees

*Sharad*

**SHARAD FARDHY**  
Vice Chancellor  
Dev Sanskriti Vishwavidyalaya  
Gayatrikunj, Shantikunj,  
Haridwar 249411

सात दिवसीय प्रभावी संचार कौशल प्रशिक्षण कार्यशाला (27 मई से 6 जून, 2023)

समय - सांय 3:30 से 5:00

स्थान - अन्नपूर्णा भवन, द्वितीय तल

देव संस्कृति विश्वविद्यालय में सेवारत कार्यकर्ता/स्टाफ/ईएमएस स्टाफ

क्रमांक नाम

विभाग

हस्ताक्षर

1 अनिल कुमार चौहान

मार्कण्डेय भवन बालक छात्रावास

27 मई, 2023	28 मई, 2023	29 मई, 2023	31 मई, 2023	1 जून, 2023	2 जून, 2023	6 जून, 2023
ABST						

2 अमित बरिहा

परिसम्पत्ति वि.

27 मई, 2023	28 मई, 2023	29 मई, 2023	31 मई, 2023	1 जून, 2023	2 जून, 2023	6 जून, 2023
अमित						

3 अनुज यादव

अतिथि गृह

27 मई, 2023	28 मई, 2023	29 मई, 2023	31 मई, 2023	1 जून, 2023	2 जून, 2023	6 जून, 2023
ABST						

4 आकाश भोई

प्रति कुलपति कार्यालय

27 मई, 2023	28 मई, 2023	29 मई, 2023	31 मई, 2023	1 जून, 2023	2 जून, 2023	6 जून, 2023
ABST						

5 चन्द्रशेखर प्र.पटेल

पॉलिक्लीनिक

27 मई, 2023	28 मई, 2023	29 मई, 2023	31 मई, 2023	1 जून, 2023	2 जून, 2023	6 जून, 2023
ANST						

6 धनेश पटेल

परिसम्पत्ति वि.

27 मई, 2023	28 मई, 2023	29 मई, 2023	31 मई, 2023	1 जून, 2023	2 जून, 2023	6 जून, 2023

SHAFIQ TARDHY

Vice Chancellor

Dev Sanskriti Vishwavidyalaya

Gayatrikunj, Shantikunj,

Haridwar - 241101

सात दिवसीय प्रभावी संचार कौशल प्रशिक्षण कार्यशाला (27 मई से 6 जून, 2023)

समय - सांय 3:30 से 5:00

स्थान - अन्नपूर्णा भवन, द्वितीय तल

--	--	--	--	--	--	--

7 इन्द्रेश कुमार

परीक्षा विभाग

27 मई, 2023	28 मई, 2023	29 मई, 2023	31 मई, 2023	1 जून, 2023	2 जून, 2023	6 जून, 2023
ABST						

8 हेमलता सोनारे

अन्तर्राष्ट्रीय छात्रावास

27 मई, 2023	28 मई, 2023	29 मई, 2023	31 मई, 2023	1 जून, 2023	2 जून, 2023	6 जून, 2023
ABST						

9 गिरधारी लाल साहू

प्रति कुलपति कार्यालय

27 मई, 2023	28 मई, 2023	29 मई, 2023	31 मई, 2023	1 जून, 2023	2 जून, 2023	6 जून, 2023

10 हेमसागर

हिन्दी एवं पत्रकारिता विभाग

27 मई, 2023	28 मई, 2023	29 मई, 2023	31 मई, 2023	1 जून, 2023	2 जून, 2023	6 जून, 2023
ABST						

11 मिन्तु देवी

इतिहास, संगीत एवं वैज्ञानिक अ. विभाग

27 मई, 2023	28 मई, 2023	29 मई, 2023	31 मई, 2023	1 जून, 2023	2 जून, 2023	6 जून, 2023
ABST						

12 सत्यप्रकाश यादव

आई टी सेल

27 मई, 2023	28 मई, 2023	29 मई, 2023	31 मई, 2023	1 जून, 2023	2 जून, 2023	6 जून, 2023
ABST						

SHARAD TARDHY

Vice-Chancellor

Dev Sanskriti Vishwavidyalaya  
Gayatrikunj, Shantikunj,

Haridwar 249411



## Seven Days Workshop on Effective Communication Skills

Venue: Annapurna Bhawan, II Floor

28 May 2023

03:30 PM- 05:00 PM

Sunday

### Day 01:

1. Moderator: Mr. Vivek Pandey
2. Session 01: "Yoga: Universal Medium for Developing Effective Communication" by Respected Suresh Barnwal Sir
3. Session 02: "Verbal and Non-Verbal Communication Skills" by Respected Arunesh Parashar Sir

The programme commenced with the lighting of the ceremonial lamp by both the Guest Speakers. The Day 02 session commenced with a talk by Professor Suresh Barnwal Sir. His address left the participants with three key learnings: importance of regular Gayatri Upasana in life, dutifulness as the first step in Yoga and discipleship (Shishyattva bhaav) as the key requirement for cultivating or acquiring any skill. This was succeeded by the session by Resp. Arunesh Sir where he laid out some practical examples on verbal and nonverbal communication relevant to the day-to-day life of our assistant staff. He inspired the participants for humbleness in communication.

*Sharad*

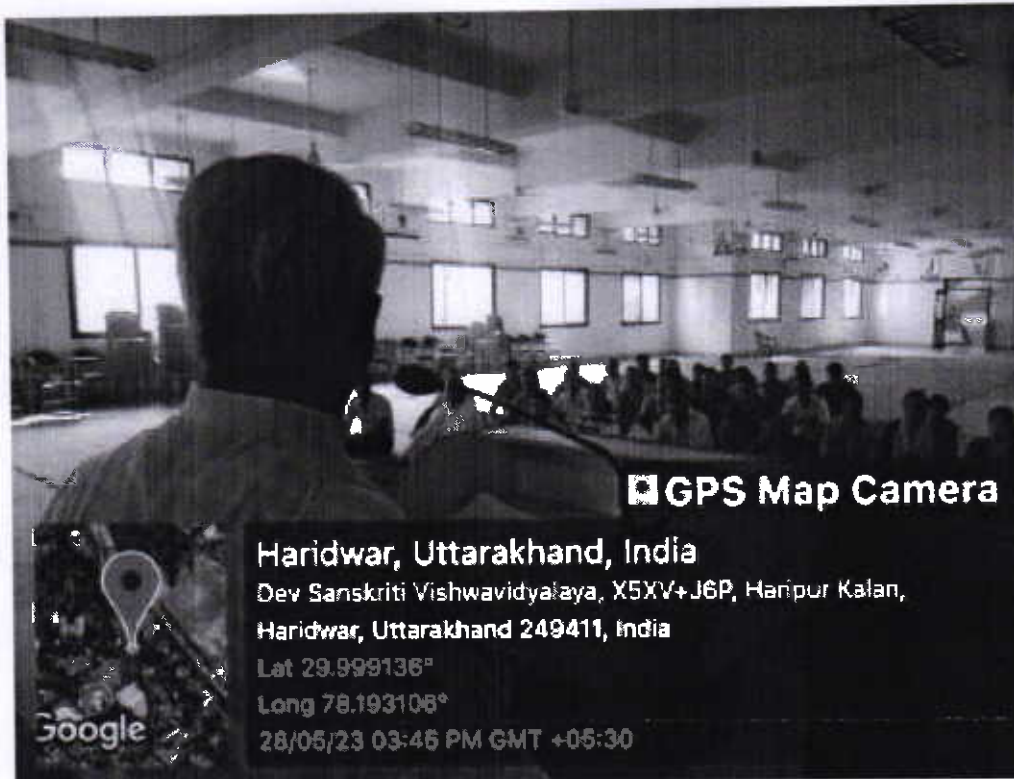
**SHARAD FARDHY**  
Vice Chancellor  
Dev Sanskriti Vishwavidyalaya  
Gayatrikunj, Shantikunj,  
Haridwar 249411

## Glimpses of Day 02



*Sharad*

**SHARAD FARDHY**  
Vice Chancellor  
Dev Sanskriti Vishwavidyalaya  
Gayatrikunj, Shantikunj,  
Haridwar 249411



GPS Map Camera

Haridwar, Uttarakhand, India

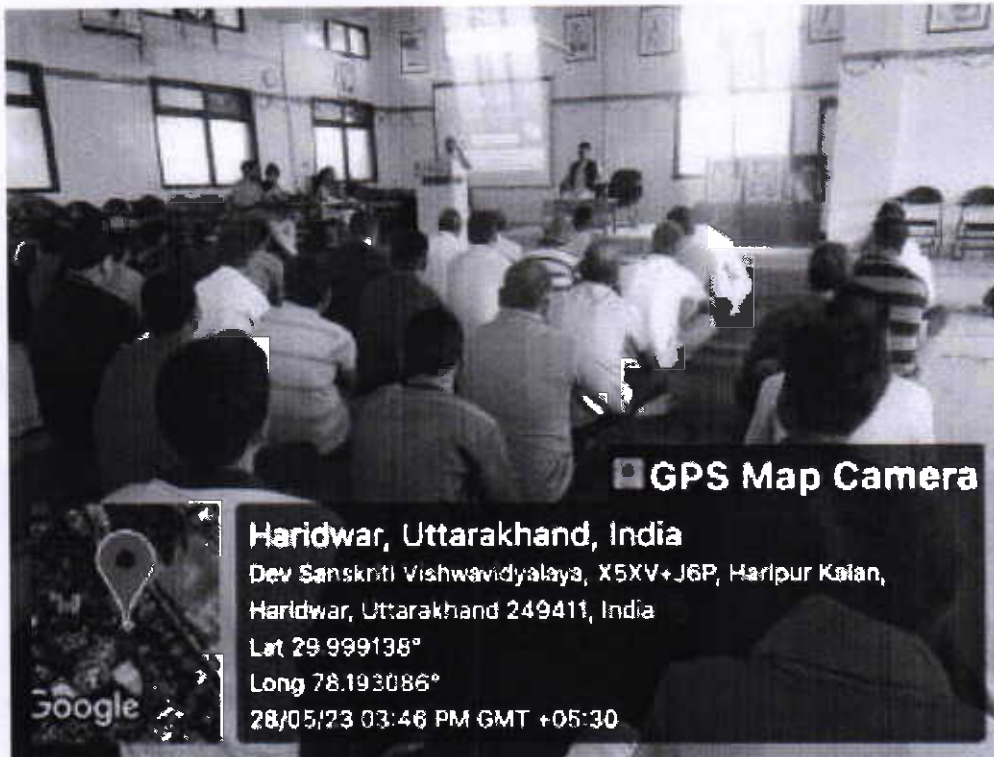
Dev Sanskriti Vishwavidyalaya, X5XV+J6P, Haripur Kalan,  
Haridwar, Uttarakhand 249411, India

Lat 29.999136°

Long 78.193108°

28/05/23 03:46 PM GMT +05:30

Google



GPS Map Camera

Haridwar, Uttarakhand, India

Dev Sanskriti Vishwavidyalaya, X5XV+J6P, Haripur Kalan,  
Haridwar, Uttarakhand 249411, India

Lat 29.999136°

Long 78.193086°

28/05/23 03:48 PM GMT +05:30

Google

*Sharad*

**SHARAD FARDHY**

Vice Chancellor,

Dev Sanskriti Vishwavidyalaya

Gayatrikunj, Shantikunj,

Haridwar 249411



*शरद*

**SHARAD FARDHY**  
Vice Chancellor  
Dev Sanskriti Vishwavidyalaya  
Gayatrikunj, Shantikunj,  
Haridwar 249411



*Shardha*

**SHARAD FARDHY**  
Vice Chancellor  
Dev Sanskriti Vishwavidyalaya  
Gayatrikunj, Shantikunj,  
Haridwar 249411

# Attendance

*2/2/24*

**SHARAD KARDHY**  
Vice Chancellor  
Dev Sanskriti Vishwavidyalaya  
Gayatrikunj, Shantikunj,  
Haridwar 249411

सात दिवसीय प्रभावी संचार कौशल प्रशिक्षण कार्यशाला (27 मई से 6 जून, 2023)

समय - सांय 3:30 से 5:00

स्थान - अमनपूर्णा भवन, द्वितीय तल

देव संस्कृति विश्वविद्यालय में सेवारत कार्यकर्ता/स्टाफ/ईएमएस स्टाफ

क्रमांक नाम

विभाग

हस्ताक्षर

1 अनिल कुमार चौहान

मार्कण्डेय भवन बालक छात्रावास

27 मई, 2023	28 मई, 2023	29 मई, 2023	31 मई, 2023	1 जून, 2023	2 जून, 2023	6 जून, 2023
ABST	ABST					

2 अमित बरिहा

परिसम्पत्ति वि.

27 मई, 2023	28 मई, 2023	29 मई, 2023	31 मई, 2023	1 जून, 2023	2 जून, 2023	6 जून, 2023
Amir.	ABST					

3 अनुज यादव

अतिथि गृह

27 मई, 2023	28 मई, 2023	29 मई, 2023	31 मई, 2023	1 जून, 2023	2 जून, 2023	6 जून, 2023
ABST	ABST					

4 आकाश मोई

प्रति कलपति कार्यालय

27 मई, 2023	28 मई, 2023	29 मई, 2023	31 मई, 2023	1 जून, 2023	2 जून, 2023	6 जून, 2023
ABST	ABST					

5 चन्द्रशेखर प्र.पटेल

पॉलिक्लिनिक

27 मई, 2023	28 मई, 2023	29 मई, 2023	31 मई, 2023	1 जून, 2023	2 जून, 2023	6 जून, 2023
ABST	ABST					

6 धनेश पटेल

परिसम्पत्ति वि.

27 मई, 2023	28 मई, 2023	29 मई, 2023	31 मई, 2023	1 जून, 2023	2 जून, 2023	6 जून, 2023

SHARAD TADHY

Vice Chancellor

Dev Sanskriti Vishwavidyalaya

Gayatrikunj, Shantipur

सात दिवसीय प्रभावी संचार कौशल प्रशिक्षण कार्यशाला (27 मई से 6 जून, 2023)

समय - सांय 3:30 से 5:00

स्थान - अन्नपूर्णा भवन, द्वितीय तम

--	--	--	--	--	--	--

7 इन्देश कुमार

परीक्षा विभाग

27 मई, 2023	28 मई, 2023	29 मई, 2023	31 मई, 2023	1 जून, 2023	2 जून, 2023	6 जून, 2023
ABST	ABST					

8 हेमलता सोनारे

अन्तर्राष्ट्रीय छात्रावास

27 मई, 2023	28 मई, 2023	29 मई, 2023	31 मई, 2023	1 जून, 2023	2 जून, 2023	6 जून, 2023
ABST	ABST					

9 गिरधारी लाल साह

प्रति कुलपति कार्यालय

27 मई, 2023	28 मई, 2023	29 मई, 2023	31 मई, 2023	1 जून, 2023	2 जून, 2023	6 जून, 2023

10 हेमसागर

हिन्दी एवं पत्रकारिता विभाग

27 मई, 2023	28 मई, 2023	29 मई, 2023	31 मई, 2023	1 जून, 2023	2 जून, 2023	6 जून, 2023
ABST	ABST					

11 मिन्तु देवी

इतिहास, संगीत एवं वैज्ञानिक अ. विभाग

27 मई, 2023	28 मई, 2023	29 मई, 2023	31 मई, 2023	1 जून, 2023	2 जून, 2023	6 जून, 2023
ABST	ABST					

12 सत्यप्रकाश यादव

आई टी सेल

27 मई, 2023	28 मई, 2023	29 मई, 2023	31 मई, 2023	1 जून, 2023	2 जून, 2023	6 जून, 2023
ABST	Satya					

शरद तर्दय

SHARAD TARDHY

Vice Chancellor

Dev Sanskriti Vishwavidyalaya

Gayatrikunj, Shantikunj,

Haridwar 249411



## Seven Days Workshop on Effective Communication Skills

Venue: Annapurna Bhawan, II Floor

29 May 2023

03:30 PM- 05:00 PM

Monday

### Day 01:

1. Moderator: Mr. Vivek Pandey
2. Session 01: "Golden rules of effective communication" by Respected Abhay Saxena Sir
3. Session 02: "Importance of Rules-Disciplines in Life" by Respected Ashwani Sharma Sir

Today's sessions of the workshop began with ceremonial lighting of the lamp and Devavahan. The first talk was by Professor Abhay Saxena Sir where he showed his gratitude towards all the assistant staff for their hard work and emphasized that dialogue/conversation shall always be with politeness and smile. He motivated everyone to be like the mirror: to get the affection and respect we want and deserve, we have to reflect it ourselves first. He also highlighted the relevance of reading Pujya Gurudev's literature to develop language skills.

This was followed by the talk of Dr. Ashwani Sharma Sir who unveiled the importance of discipline in every walk of life. The participants were able to learn the fundamental role of "The Solemn Pledge: Yug Nirman Sat Sankalp" in reforming oneself and the society.

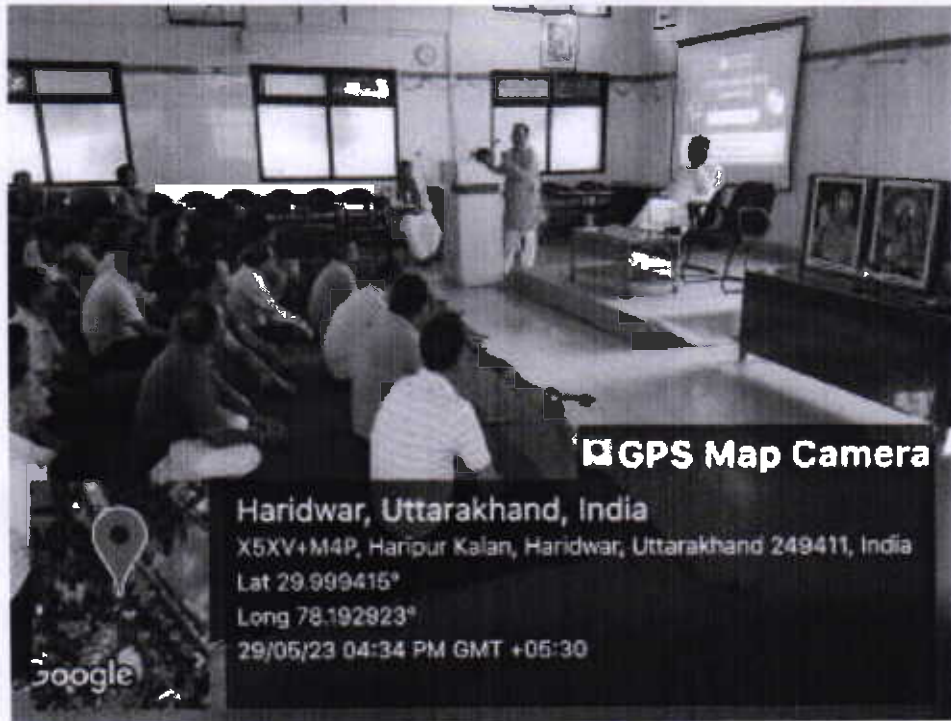
  
**SHARAD PARDHY**  
Vice Chancellor  
Dev Sanskriti Vishwavidyalaya  
Gayatrikunj, Shantikunj,  
Haridwar 249411

## Glimpses of Day 03



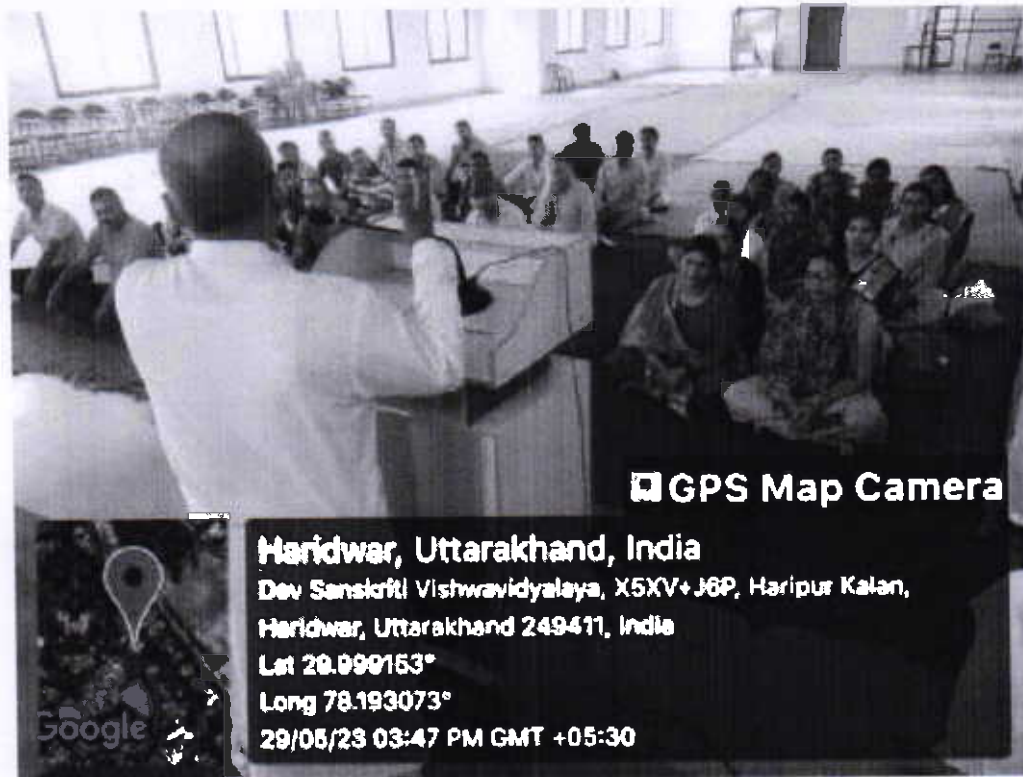
*21/05/23*

**SHARAD TARDHY**  
Vice Chancellor  
Dev Sanskriti Vishwavidyalaya  
Gayatrikunj, Shantikunj,  
Haridwar 249411



GPS Map Camera

Haridwar, Uttarakhand, India  
X5XV+M4P, Haripur Kalan, Haridwar, Uttarakhand 249411, India  
Lat 29.999415°  
Long 78.192823°  
29/05/23 04:34 PM GMT +05:30



GPS Map Camera

Haridwar, Uttarakhand, India  
Dev Sanskriti Vishwavidyalaya, X5XV+J6P, Haripur Kalan,  
Haridwar, Uttarakhand 249411, India  
Lat 29.999153°  
Long 78.193073°  
29/05/23 03:47 PM GMT +05:30



*SHARAD*

**SHARAD PARDHY**  
Vice Chancellor  
Dev Sanskriti Vishwavidyalaya  
Gayatrikunj, Shantikunj,  
Haridwar 249411



*Sharad*

**SHARAD PARDHY**  
Vice Chancellor  
Dev Sanskriti Vishwavidyalaya  
Gayatrikunj, Shantikunj,  
Haridwar 249411

# Attendance

*Sharad*

**SHARAD PARDHY**  
Vice Chancellor  
Dev Sanskriti Vishwavidyalaya  
Gayatrikunj, Shantikunj,  
Haridwar 249411

देव संस्कृति विश्वविद्यालय में सेवारत कार्यकर्ता / स्टाफ / ईएमएस  
स्टाफ

उपस्थिति		हस्ताक्षर				
क्र	नाम	विभाग	29/05	31/05	2-Jun	6-Jun
1	अनिल कुमार चौहान	मार्कण्डेय भवन बालक छात्रावास				
2	अमित बरिहा	परिसम्पत्ति वि०				
3	अनुज यादव	अतिथि गृह				
4	आकाश मोई	प्रति कुलपति कार्यालय				
5	अखिलेश सेमवाल	निवेदिता छात्रावास				
6	अश्विनी कुमार	आई टी सेल				
7	चन्द्रोखर प्र.पटेल	पॉलिक्लीनिक				
8	दीपा पाण्डेय	माता भगवती प्राकृतिक आहार				
9	घनेश पटेल	परिसम्पत्ति वि०				

SHARAD PARDHY

Vice Chancellor

Dev Sanskriti Vishwavidyalaya

Gayatrikunj, Shantikunj,

Haridwar 249411

# Seven Days Workshop on Effective Communication Skills

Venue: Annapurna Bhawan, II Floor

01 June 2023

15:30 PM- 17:00 PM

Wednesday

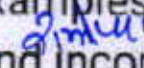
Day 04:

1. Moderator: Mr. Vivek Pandey
2. Session 01: "Common yoga protocol" by Dr. Rakesh Verma sir and two students of yog department
3. Session 02: "Simple living- high thinking and importance of Swadhyay" by Professor Sukhnandan Singh sir

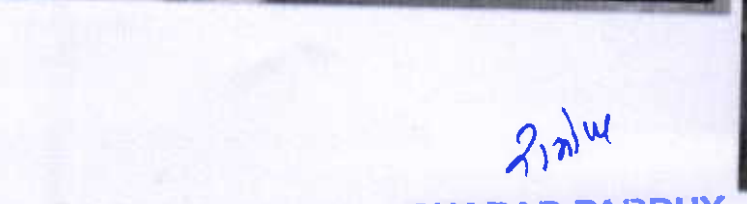
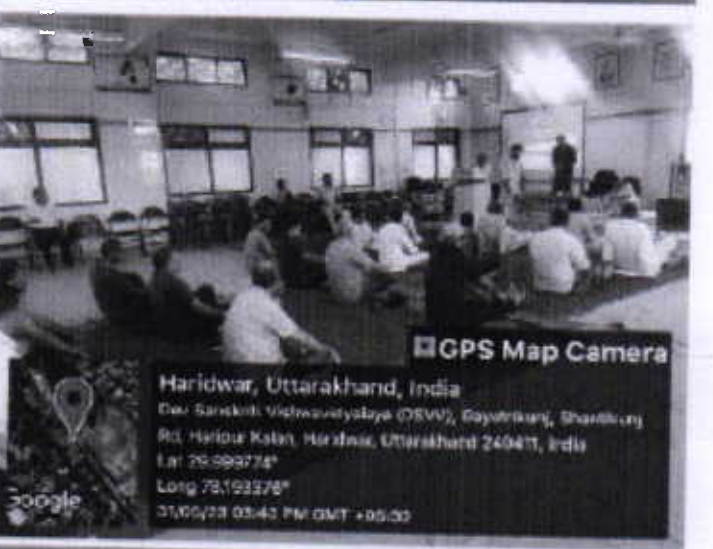
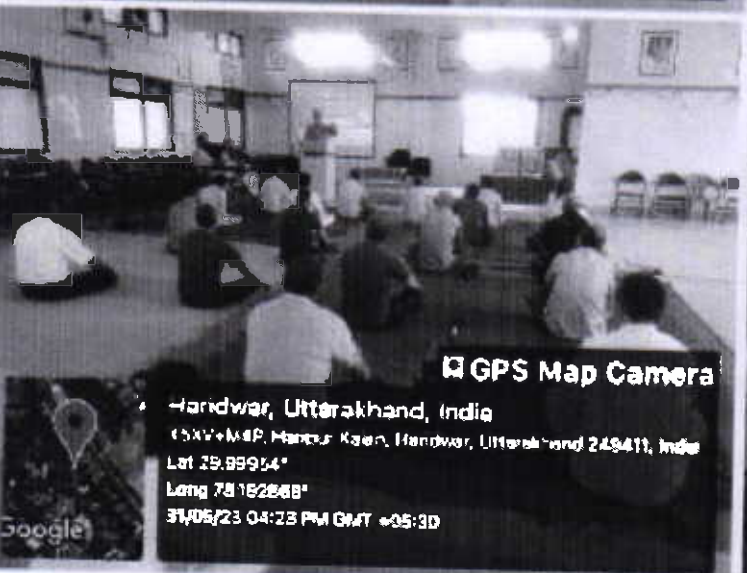
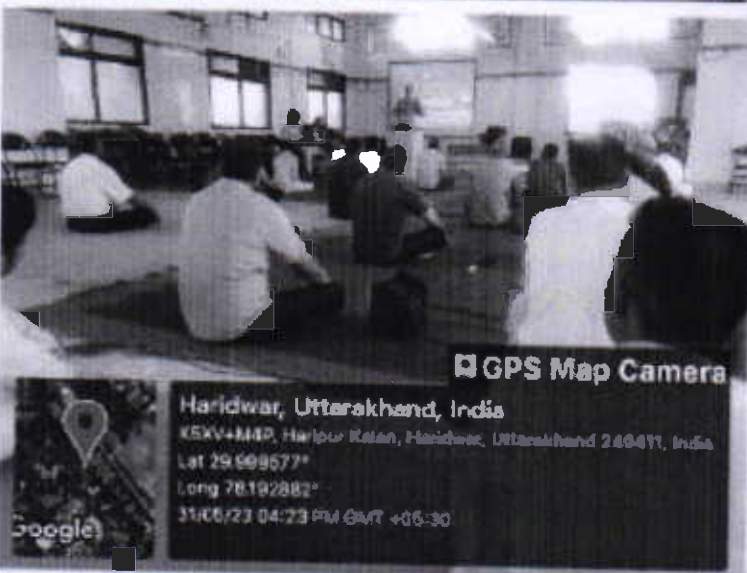
The session began with the sacred enchanting of Gayatri Mantra, followed by pragya geet "Sadguru bina kisi ko sadgyan kab mila hai". Dr. Rakesh Verma and the two students from the Yoga Department led the common yoga protocol. The primary objective of this session was to introduce the participants to the concept of the Common Yoga Protocol and its significance. The presenters emphasized the importance of incorporating yoga into daily life for achieving physical and mental well-being. They highlighted various yoga asanas, pranayama techniques, and meditation practices that form a part of the common yoga protocol. The audience was provided with step-by-step demonstrations and guidance on performing these practices effectively.

Furthermore, Professor Sukhnandan Singh enlightened the participants about the principles of simple living and high thinking. The session began by defining the concept of simple living, emphasizing the need to lead a balanced and harmonious lifestyle by reducing materialistic desires and focusing on inner growth. The importance of self-study or Swadhyay was discussed, highlighting its role in self-awareness, personal development, and spiritual progress. Professor Sukhnandan Singh suggested a few literatures of Pujya Gurudev along with practical tips and examples to inspire the participants to adopt a simple living approach and incorporate Swadhyay into their daily routines.

The session was concluded with Shantipaath.

  
SHARAD FAROHY  
Vice Chancellor  
Dev Sanskriti Vishwavidyalaya  
Gayatrikunj, Shantikunj,  
Haridwar 249411

# Glimpses of the day 04



*SHARAD*

**SHARAD FARDHY**  
Vice Chancellor  
Dev Sanskriti Vishwavidyalaya  
Gayatrikunj, Shantikunj,  
Haridwar 249411



SR.	RANK	NAME	Father Name	Admit No.	27	28	29	30	01	02	03
1		Manoj Singh Paswan	Kulraj Singh Paswan	1126	—	P	P	P			
2		Mahendra Thakur	Pratimaul Thakur	1129	P	—	—	—			
3		Soil Singh	Gurpreet Singh	1131	P	P	—	—	P		
4		Manoj Singh	Manoj Singh	1475	2014	P	—	—	—		
5		Prakash Singh	Narain Singh	1225	P	—	—	—	P		
6		Rakesh Kumar	Surya Singh	1642	2014	—	—	P	—		
7		Navinder Lal	Amar Das	1808	2014	P	—	P	—		
8		Atish Kambhal	Dev Krishna	1000	1444	P	—	P	—		
9		Anvita	Hemant Prater Singh	1114	1114	—	—	—	—		
10		Uttu Kaur	Harpreet	1111	—	—	—	—	—		
11		Gayatri Sharma	Umesh Sharma	1207	P	P	—	P	—		
12		Manoj Sharma	Ram Kumar	1713	2014	—	—	P	P		
13		Mohini Kaur	Vishal Sharma	1471	—	P	—	P	—		
14		Rishi Kaur	Ramesh Singh	161	—	P	—	P	—		
15		Pooja Gupta	Omprakash Singh	1611	2014	P	—	—	—		
16		Sanjay Das	Kamal Singh	1811	P	P	—	—	—		
17		Garvi Kambhal	Mahesh Kambhal	1126	2014	—	—	P	—		
18		Tomar Lax	Rishabh Thakur	1181	P	P	—	—	—		
19		Anshu Kaur	Raghuveer Singh	1241	P	—	—	—	—		
20		Ami Kaur	Chandrabhan Singh	1874	1114	—	—	—	—		
21		Kavita Harbora	Indrajit	1130	2014	P	—	P	P		
22		Arshi Zaidi	Shay Prasad	1261	2014	P	—	—	P		
23		Avanika Mishra	Kankar	1514	P	P	—	—	P		
24		Amr Patel	Taruna Patel	1011	2014	P	—	—	—		
25		Sanjana Kaur	Harsh	1271	P	P	—	—	P		
26		Sumi Kaur	Manoj Singh	1107	2014	P	—	—	P		
27		Shri Shree	Narayan Singh	1018	—	—	—	—	P		
28		Neeraj Kumar	Harpreet	1911	1114	—	—	—	P		
29		Shweta Singh	Karan Singh	1114	P	—	—	—	P		
30		Usha Singh	Usha Singh	1214	P	—	—	—	P		
31		Deepa Singh	Deep Singh	1211	P	—	—	—	P		
32		Yashvi	Ravi Narayan Arora	1814	1114	—	—	—	—		

**देव संस्कृति विश्वविद्यालय में सेवारत कार्यकर्ता / स्टाफ / ईएमएस स्टाफ**

उपस्थिति			हस्ताक्षर			
क्र	नाम	विभाग	29/05	31/05	2-Jun	6-Jun
1	अमित कुमार श्रीवास्तव	साक्षात्कार कक्षा	<i>Am</i>	<i>Am</i>		
2	अमित बरिहा	परिष्कार वि०	<i>Am</i>	<i>Am</i>		
3	अनुज यादव	अतिथि गृह	<i>Am</i>	<i>Am</i>		
4	आकाश भंड	सी कुचरिता कक्षा	<i>Am</i>	<i>Am</i>		
5	अश्विनी सेनगुप्त	निदेशित कक्षा	<i>Am</i>	<i>Am</i>		
6	अश्विनी कुमार	आई टी सेल	<i>Am</i>	<i>Am</i>		
7	अरुण कुमार	परिष्कार वि०	<i>Am</i>	<i>Am</i>		
8	दीपा शर्मा	साक्षात्कार कक्षा	<i>Am</i>	<i>Am</i>		
9	धरेश पटेल	परिष्कार वि०	<i>Am</i>	<i>Am</i>		

*Am*

**SHARAD PARDHY**  
Vice Chancellor  
Dev Sanskriti Vishwavidyalaya  
Gayatrikunj, Shantikunj,  
Haridwar 249411

# Seven Days Workshop on Effective Communication Skills

Venue: Annapurna Bhawan, II Floor

01 June 2023

03:30 PM- 05:00 PM

Thursday

## Day 01:

1. Moderator: Mr. Vivek Pandey
2. Session 01: "Comportment and Psychology" by Dr. Santosh Vishvakarma Sir
3. Session 02: "सेवा परमो धर्म:" by Dr. Piyush Trivedi Sir

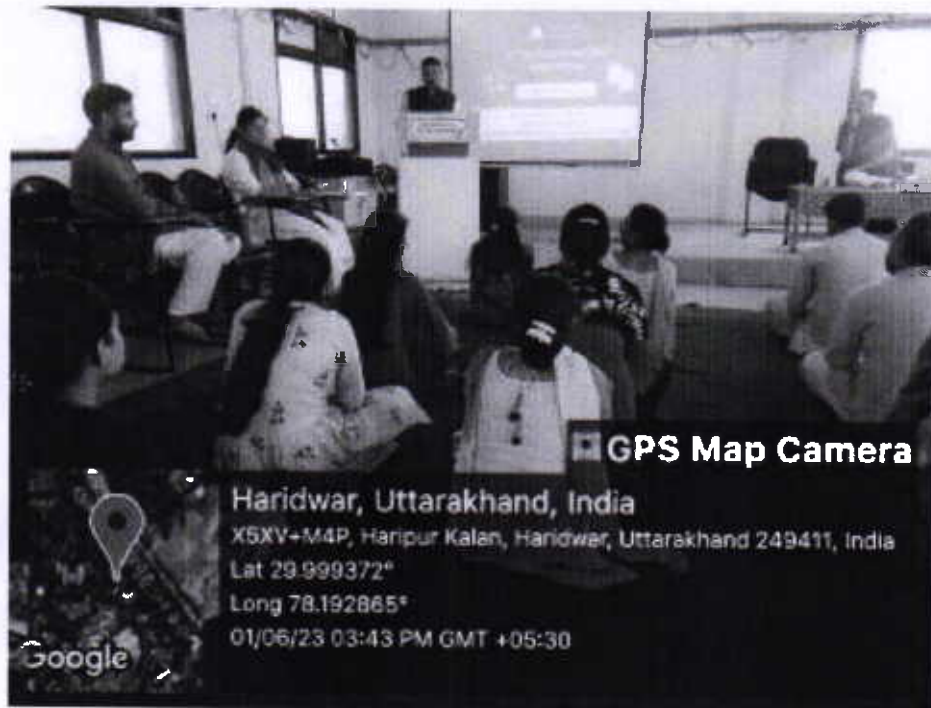
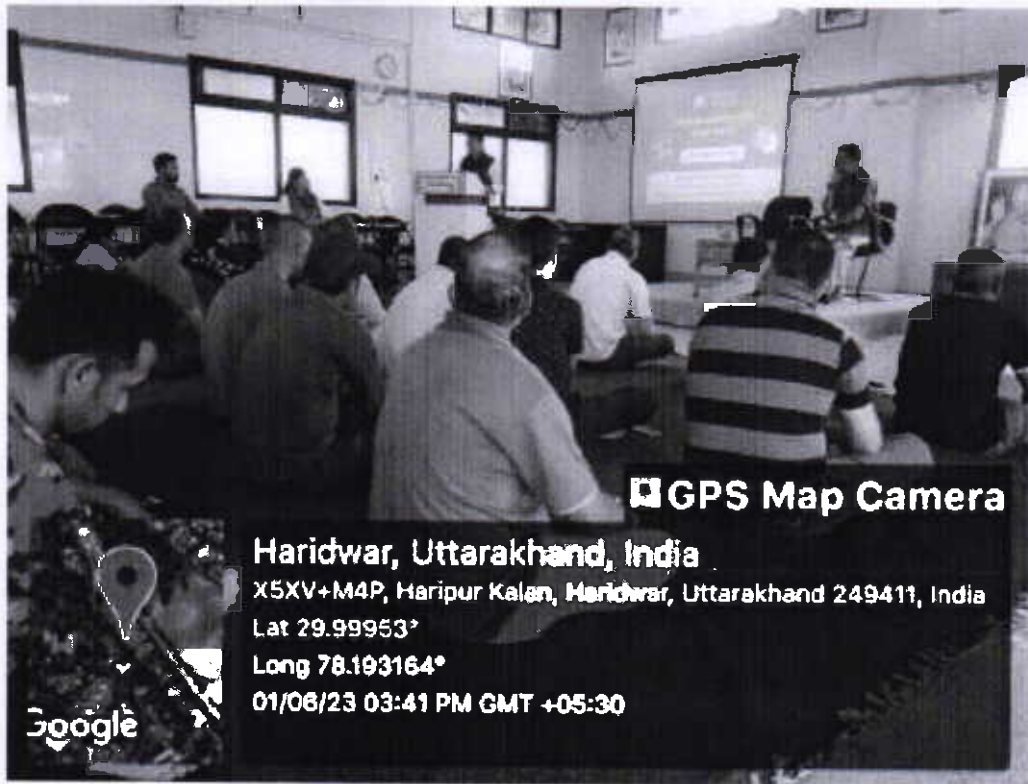
Today's session began with the sacred enchanting of the sacred Gayatri Mantra. Dr. Santosh Vishwakarma delivered a session on "Comportment and Psychology" during the workshop. He highlighted the significance of comportment, emphasizing that it reflects one's behavior and attitude, influencing relationships and overall well-being. Through captivating stories and examples, Dr. Vishwakarma showcased the positive outcomes of polite and respectful comportment. He delved into the psychological aspects behind comportment, explaining how thoughts, emotions, and beliefs shape behavior and perception. Dr. Vishwakarma emphasized the importance of empathy, active listening, and effective communication in developing a positive comportment.

This was followed by Dr. Piyush Trivedi's session on "सेवा परमो धर्म:" (Service is the Ultimate Religion) was a spiritually charged and transformative experience for all participants. Through captivating storytelling and a PowerPoint presentation, Dr. Trivedi emphasized the profound meaning of selfless service as an expression of love and compassion that transcends boundaries. He shared inspiring anecdotes, highlighting the transformative power of service and its psychological and spiritual benefits. Dr. Trivedi's session left a lasting impact, inspiring participants to embrace a service-oriented mindset and contribute positively to society. The session concluded with Shanti Paath.

*Sharad P.*

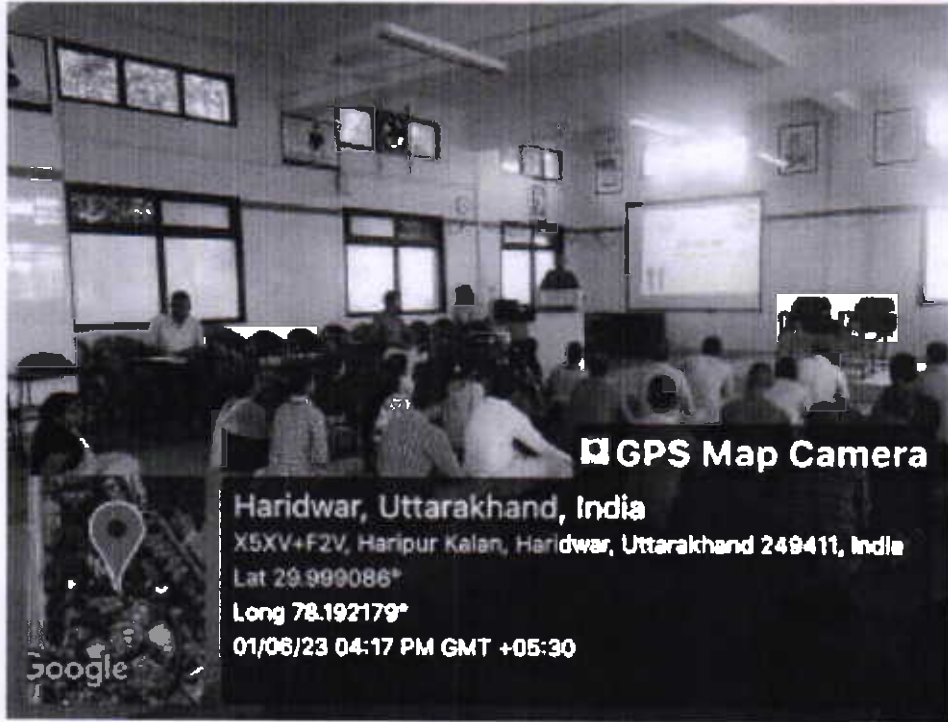
**SHARAD PARDHY**  
Vice Chancellor,  
Dev Sanskriti Vishwavidyalaya  
Gayatrikunj, Shantikunj,  
Haridwar 249411

## Glimpses of Day 05



*Sharad*

**SHARAD PARDHY**  
Vice Chancellor  
Dev Sanskriti Vishwavidyalaya  
Gayatrikunj, Shantikunj,  
Haridwar 249411



GPS Map Camera

Haridwar, Uttarakhand, India

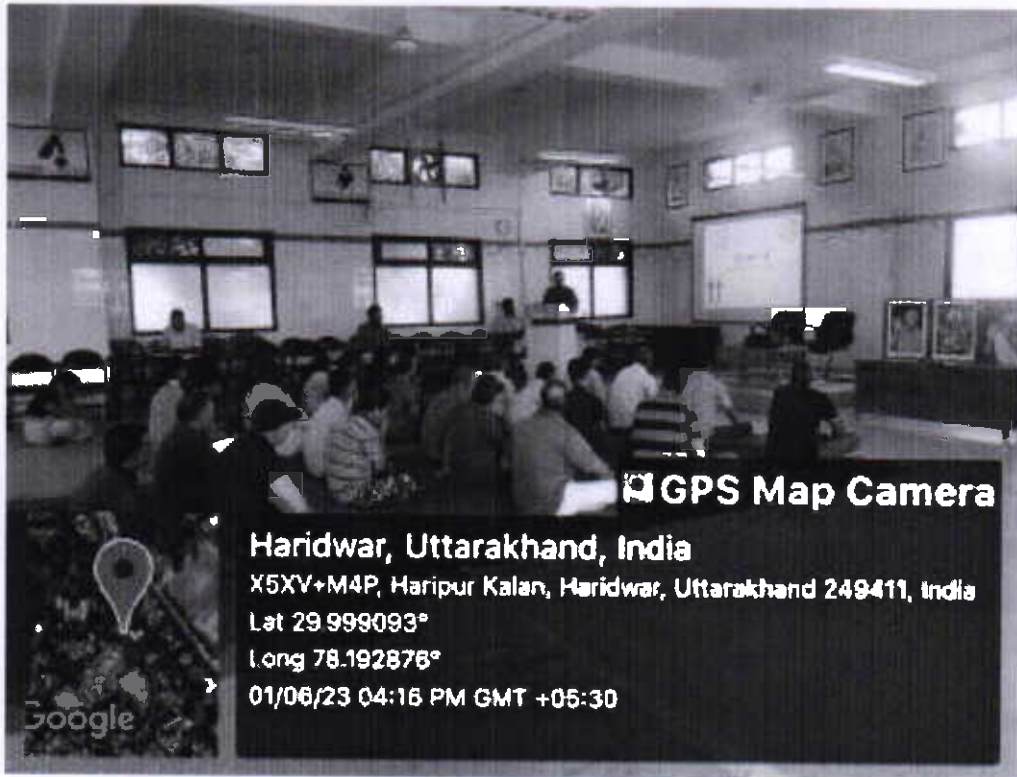
X5XV+F2V, Haripur Kalan, Haridwar, Uttarakhand 249411, India

Lat 29.999086°

Long 78.192179°

01/06/23 04:17 PM GMT +05:30

Google



GPS Map Camera

Haridwar, Uttarakhand, India

X5XV+M4P, Haripur Kalan, Haridwar, Uttarakhand 249411, India

Lat 29.999093°

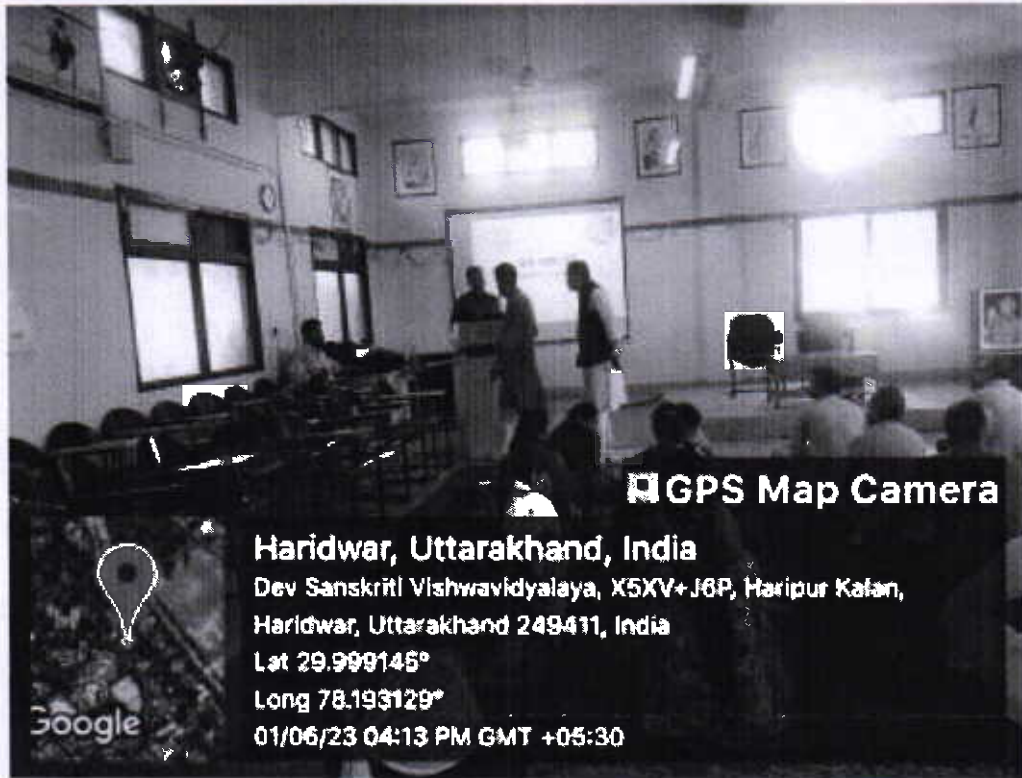
Long 78.192876°

01/06/23 04:16 PM GMT +05:30

Google

*Sharad*

**SHARAD FARDHY**  
Vice Chancellor  
Dev Sanskriti Vishwavidyalaya  
Gayatrikunj, Shantikunj,  
Haridwar 249411



GPS Map Camera

Haridwar, Uttarakhand, India

Dev Sanskriti Vishwavidyalaya, X5XV+J6P, Haripur Kanan,  
Haridwar, Uttarakhand 249411, India

Lat 29.999145°

Long 78.193129°

01/06/23 04:13 PM GMT +05:30



Google



GPS Map Camera

Haridwar, Uttarakhand, India

X5XV+M4P, Haripur Kanan, Haridwar, Uttarakhand 249411, India

Lat 29.999319°

Long 78.192848°

01/06/23 03:42 PM GMT +05:30



Google

*Shardh*

**SHARAD PARDHY**  
Vice Chancellor  
Dev Sanskriti Vishwavidyalaya  
Gayatrikunj, Shantikunj,  
Haridwar 249411

# Attendance

2/2/24.

**SHARAD PARDHY**  
Vice Chancellor,  
Dev Sanskriti Vishwavidyalaya  
Gayatrikunj, Shantikunj,  
Haridwar 249411

देव संस्कृति विश्वविद्यालय में सेवारत कार्यकर्ता / स्टाफ / ईएमएस  
स्टाफ

उपस्थिति			हस्ताक्षर			
क्र	नाम	विभाग	29/05	31/05	2-Jun	6-Jun
82	श्री भगवान	विद्युत विभाग	Abst	Abst	Abst	
83	लोकेश अग्रवली	विद्युत विभाग	Abst	Abst	Abst	
84	रमेश खन्डूरी	विद्युत विभाग	Abst	Abst	Abst	
85	इन्देश कुमार	परीक्षा विभाग	Abst	Abst	Abst	
86	सुमित कुमार	जलकल एवं जेनरेटर विभाग	Abst	Abst	Abst	
87	इन्दर महेश	निर्माण विभाग	Abst	Abst	Abst	
88	पारु	निर्माण विभाग	Abst	Abst	Abst	
89	रूप नारायण धटेल	निर्माण विभाग	Abst	Abst	Abst	
90	सुनील देवदास	निर्माण विभाग	Abst	Abst	Abst	

शरद

**SHARAD PARDHY**  
Vice Chancellor  
Dev Sanskriti Vishwavidyalaya  
Gayatrikunj, Shantikunj,  
Haridwar 249411

# Seven Days Workshop on Effective Communication Skills

Venue: Annapurna Bhawan, II Floor

02 June 2023

03:30 PM- 05:00 PM

Friday

## Day 06:

1. Moderator: Mr. Vivek Pandey
2. Session 01: "Effective time management: infallible resource for success" by Dr. Smita Vashishth Ma'am
3. Session 02: "Barriers in effective communication" by Dr. Umakant Indolia Sir

Sixth day of the workshop began with the Gayatri Mantra, creating a serene environment for the attendees. Dr. Smita Vashishth conducted the first session on "Effective time management: the infallible resource for success." She emphasized the importance of time management and provided practical strategies for efficient utilization of time. Key points included setting clear goals, prioritizing tasks, and practicing self-discipline to avoid distractions.

Dr. Umakant Indolia led the second session on "Barriers in effective communication." He highlighted the challenges that hinder clear communication, such as language barriers, cultural differences, and disciplinary factors. Dr. Indolia shared strategies like active listening, empathy, and clear articulation to overcome these barriers and foster healthy communication.

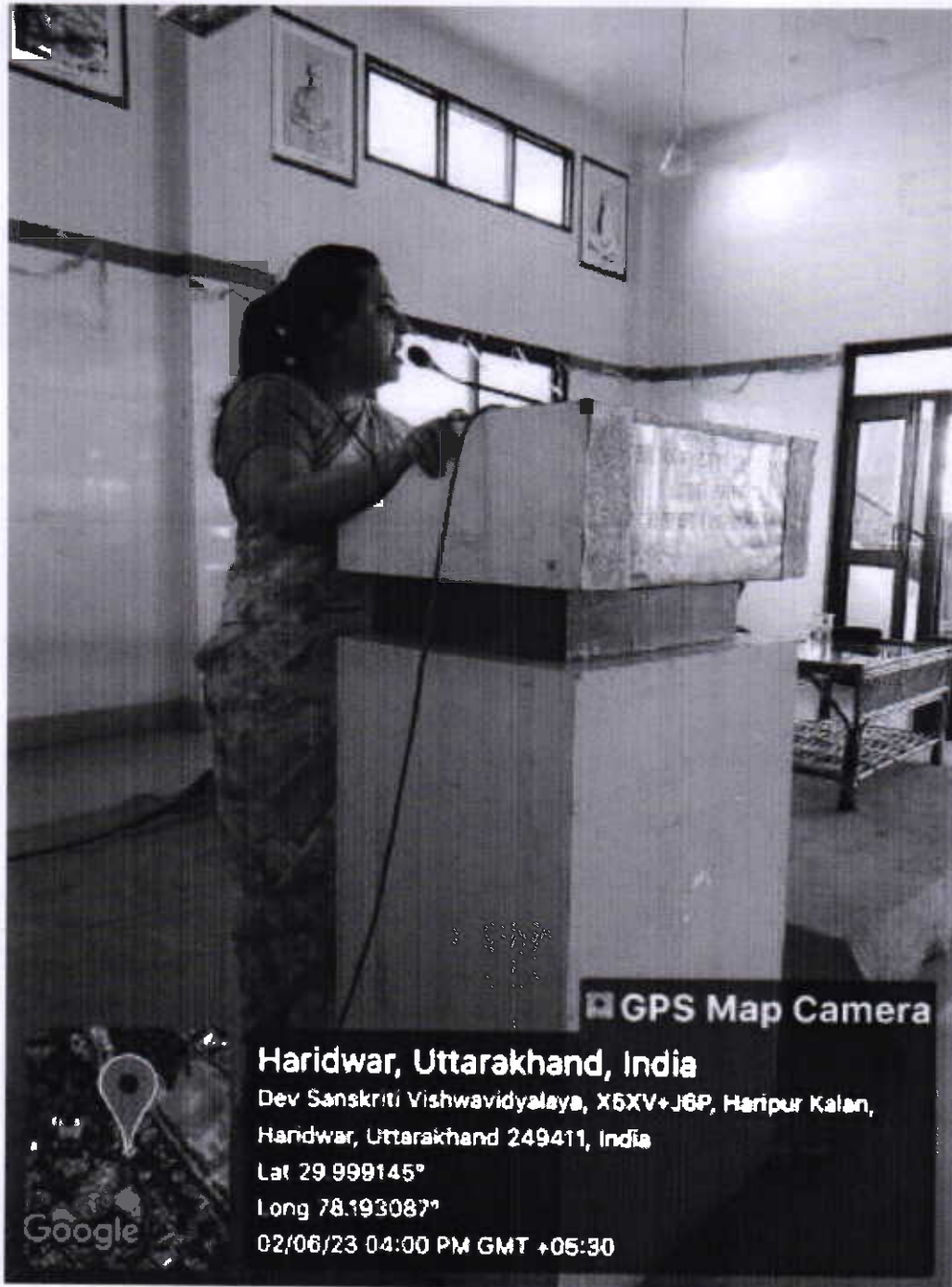
Attendees left the workshop motivated and equipped with tools to enhance their time management and communication skills. Overall, the workshop provided valuable insights, enabling attendees to navigate their personal and professional lives more successfully. The session concluded with Shanti Paath.

*Sharad*

**SHARAD PARDHY**  
Vice Chancellor  
Dev Sanskriti Vishwavidyalaya  
Gayatrikunj, Shantikunj,  
Haridwar 249411

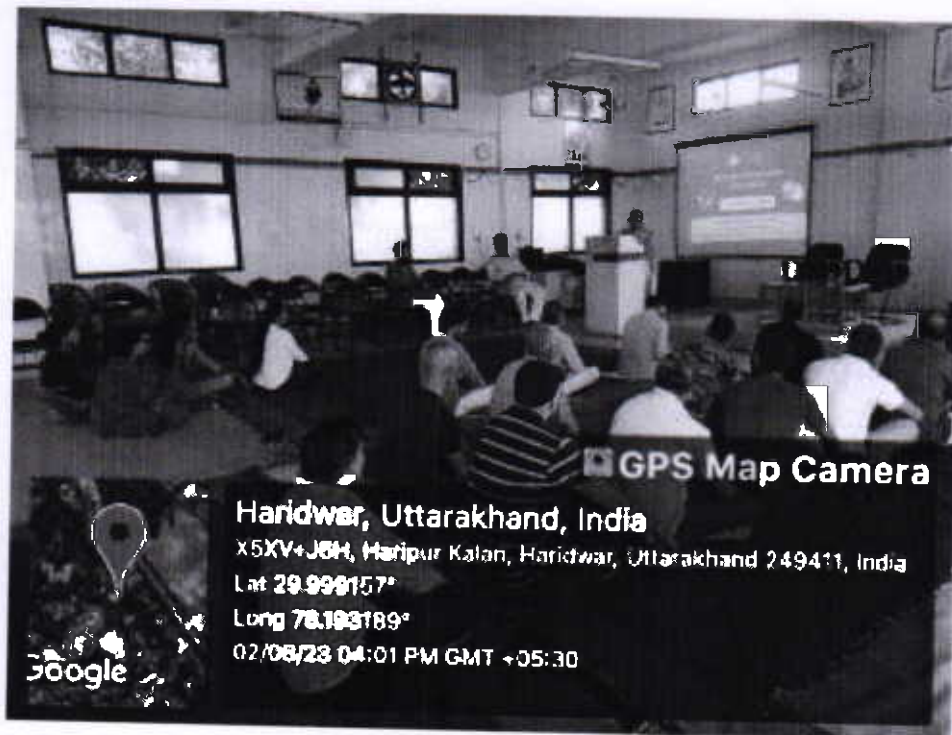
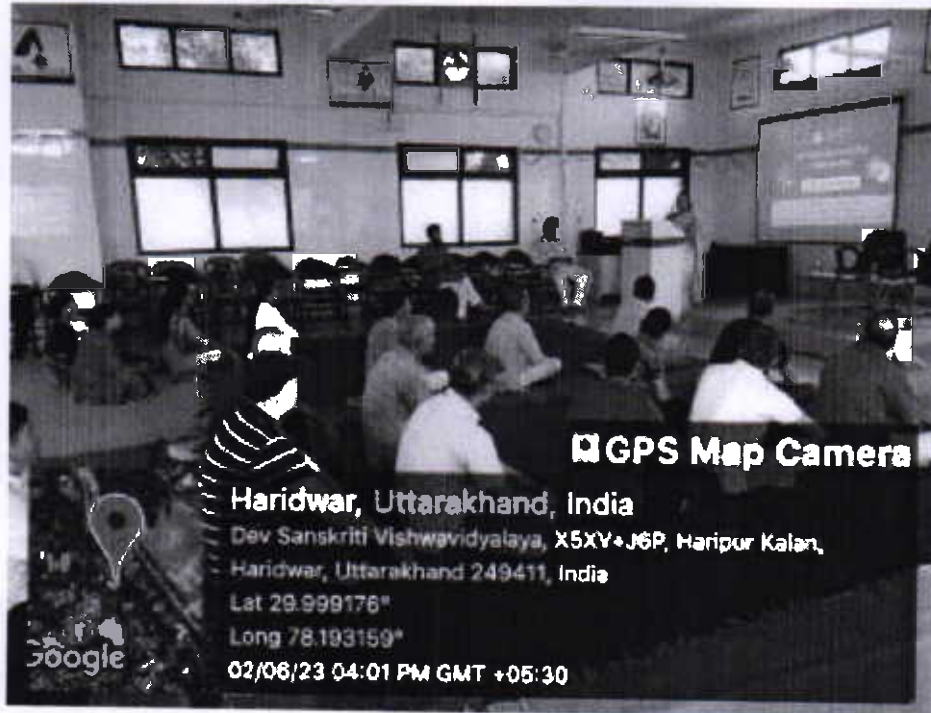


## Glimpses of Day 05



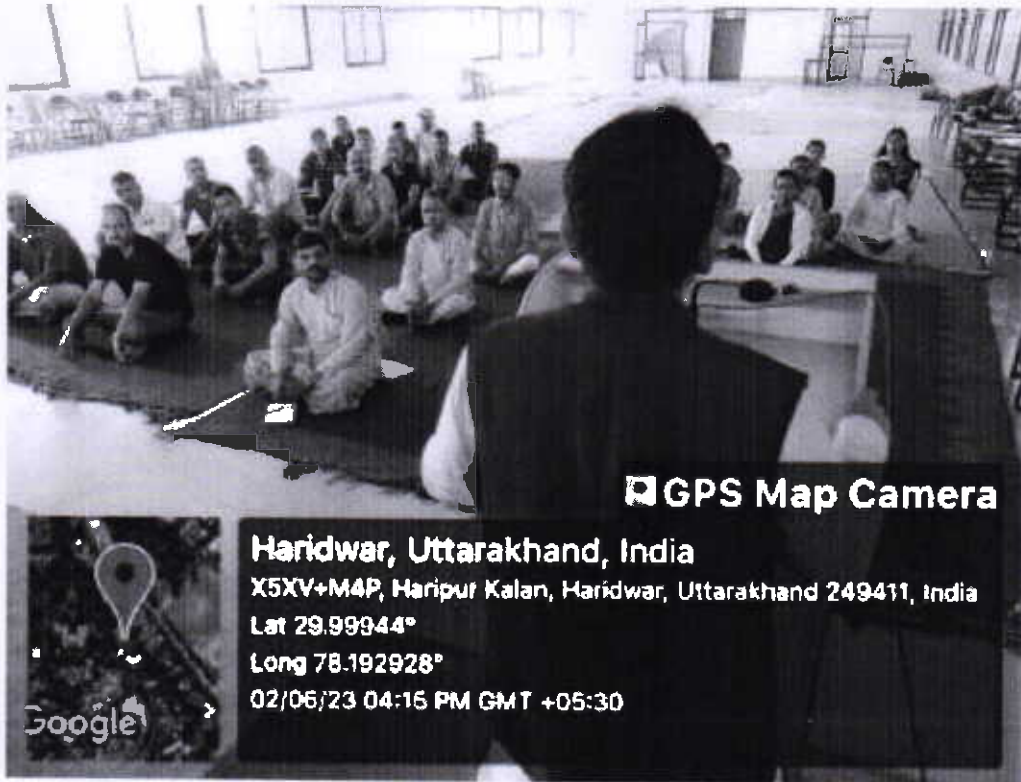
*Sharad*

**SHARAD PARDHY**  
Vice Chancellor  
Dev Sanskriti Vishwavidyalaya  
Gayatrikunj, Shantikunj,  
Haridwar 249411



*Sharad*

**SHARAD PARDHY**  
Vice Chancellor  
Dev Sanskriti Vishwavidyalaya  
Gayatrikunj, Shantikunj,  
Haridwar 249411



GPS Map Camera



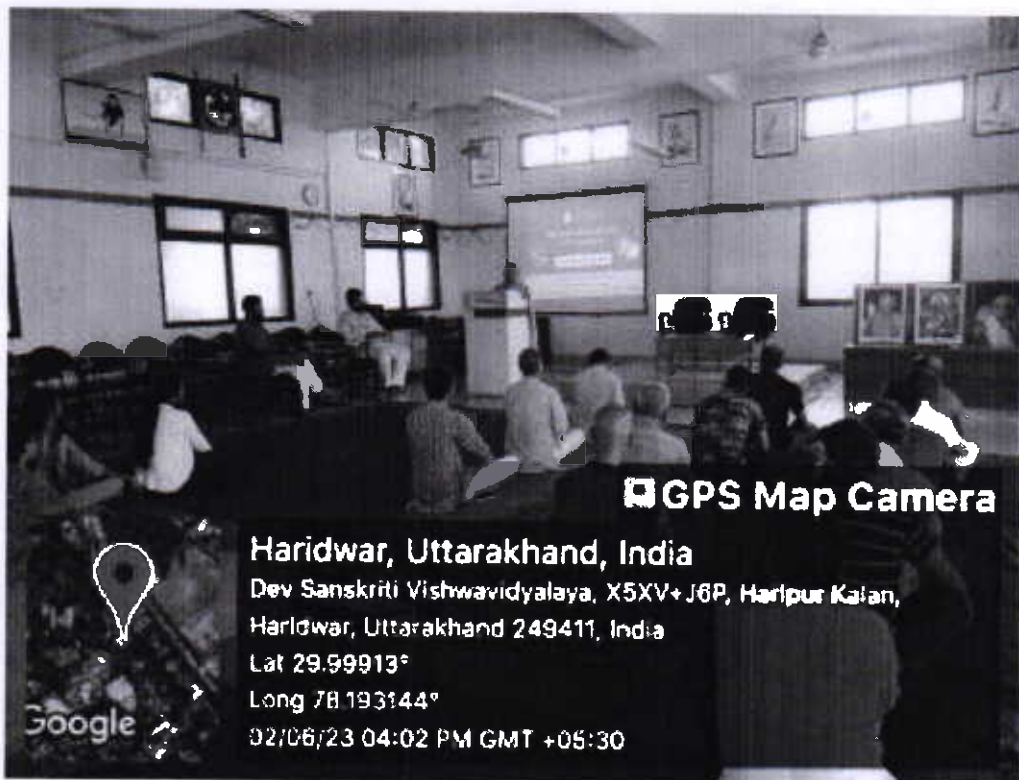
Haridwar, Uttarakhand, India

X5XV+M4P, Haripur Kalan, Haridwar, Uttarakhand 249411, India

Lat 29.99944°

Long 78.192928°

02/06/23 04:15 PM GMT +05:30



GPS Map Camera



Haridwar, Uttarakhand, India

Dev Sanskriti Vishwavidyalaya, X5XV+J6P, Haripur Kalan,

Haridwar, Uttarakhand 249411, India

Lat 29.99913°

Long 78.193144°

02/06/23 04:02 PM GMT +05:30

*Sharad*

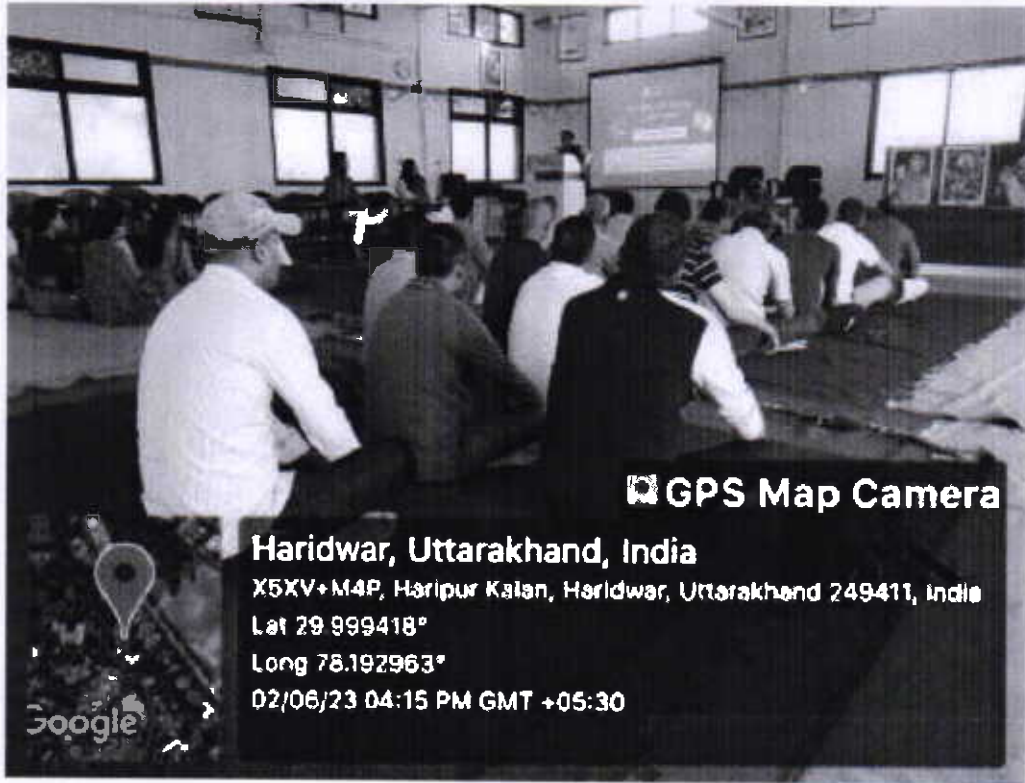
**SHARAD PARDHY**

Vice Chancellor

Dev Sanskriti Vishwavidyalaya

Govatrikunj, Shantikunj,

Haridwar 249411



*Sharad*

**SHARAD PARDHY**  
Vice Chancellor  
Dev Sanskriti Vishwavidyalaya  
Gayatrikunj, Shantikunj,  
Haridwar 249411

# Attendance

श्रीधर

**SHAFAD FARDHY**

Vice Chancellor

Sw. Sanskriti Vishwavidyalaya

Swasthikunj, Shantikunj,

Delhi-110028

SR.	ROLL	NAME	Father Name	Roll No.	20	20	20	20	02	02	02
1		Makar Singh Pathan	Kuldev Singh Pathan	5155	P	P	P	P	P	P	P
2		Makwan Singh	Pratapsingh Singh	5119	P	P	P	P	P	P	P
3		Anil Bhatt	Chandrasingh Singh	3192	P	P	P	P	P	P	P
4		Arijay Kumar	Prasad Singh	2455	P	P	P	P	P	P	P
5		Prakash Singh Negi	Prakash Singh	1473	P	P	P	P	P	P	P
6		Prakash Singh	Prakash Singh	1548	P	P	P	P	P	P	P
7		Hakim Kaur	Kapoor Singh	2242	P	P	P	P	P	P	P
8		Sanjay Lal	Anand Singh	1928	P	P	P	P	P	P	P
9		Anil Kaur	Prakash Singh	4020	P	P	P	P	P	P	P
10		Anand	Prakash Singh	2126	P	P	P	P	P	P	P
11		Harish Kumar	Prakash Singh	2561	P	P	P	P	P	P	P
12		Harish Kumar	Prakash Singh	1857	P	P	P	P	P	P	P
13		Sharma Sharan	Sharma Sharan	3118	P	P	P	P	P	P	P
14		Prakash Kumar	Prakash Singh	1470	P	P	P	P	P	P	P
15		Prakash Singh	Prakash Singh	441	P	P	P	P	P	P	P
16		Prakash Kumar	Prakash Kumar	3038	P	P	P	P	P	P	P
17		Pradya Devi	Anand Singh	2187	P	P	P	P	P	P	P
18		Naraj Kaur	Prakash Singh	3124	P	P	P	P	P	P	P
19		Sharma Lata	Prakash Singh	2136	P	P	P	P	P	P	P
20		Anand Kumar	Prakash Singh	2140	P	P	P	P	P	P	P
21	XX	Anil Kumar	Prakash Singh	5676	P	P	P	P	P	P	P
22		Anand Kumar	Prakash Singh	3130	P	P	P	P	P	P	P
23		Anil Singh	Prakash Singh	2543	P	P	P	P	P	P	P
24		Anand Singh	Prakash Singh	3119	P	P	P	P	P	P	P
25		Anand Singh	Prakash Singh	3051	P	P	P	P	P	P	P
26		Harish Kumar	Prakash Singh	1218	P	P	P	P	P	P	P
27		Harish Kumar	Prakash Singh	3037	P	P	P	P	P	P	P
28		Harish Kumar	Prakash Singh	5228	P	P	P	P	P	P	P
29		Harish Kumar	Prakash Singh	4247	P	P	P	P	P	P	P
30		Harish Kumar	Prakash Singh	4295	P	P	P	P	P	P	P
31		Harish Kumar	Prakash Singh	3214	P	P	P	P	P	P	P
32		Harish Kumar	Prakash Singh	3281	P	P	P	P	P	P	P
33		Harish Kumar	Prakash Singh	4062	P	P	P	P	P	P	P
TOTAL					14	16	15	08	12		

2mlu.

**SHARAD PARDHY**  
 Vice Chancellor  
 Dev Sanskriti Vishwavidyalaya  
 Gayatrikunj, Shantikunj,  
 Haridwar 249411