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## देव संस्कृति विश्वविद्यालय DEV SANSKRITI VISHWAVIDYALAYA

Gayatrikunj - Shantikunj, Haridwar -249411 (India)  
email: [info@dsvv.ac.in](mailto:info@dsvv.ac.in) • web: [www.dsvv.ac.in](http://www.dsvv.ac.in)

# Criteria 2

**2.3.2: The institution adopts effective Mentor-Mentee Schemes to address academics and student-psychological issues**





# DEV SANSKRITI VISHWAVIDYALAYA

## ***2.3.2: The institution adopts effective Mentor-Mentee Schemes to address academics and student-psychological issues***

Dev Sanskriti Vishwavidyalaya (DSVV) has introduced a thorough and impactful Mentor-Mentee Scheme to tackle both academic and psychological challenges faced by students. This program offers comprehensive support throughout their academic journey, in line with the university's goal of nurturing well-rounded, competent, and personally empowered graduates.

### **Life Management Teachers and Regular Classes**

A key element of DSVV's mentoring approach is the mandatory Life Management course for all undergraduate and postgraduate students. This course covers various aspects of life management, equipping students with crucial skills to handle both personal and professional challenges. Life Management teachers serve as primary mentors, providing guidance beyond academics. Highlights of the program include:

1. Regular classes that emphasize personal growth, stress management, and practical life skills.
2. A blend of spiritual practices with modern psychological concepts to support holistic well-being.
3. Opportunities for students to discover their true purpose and potential.

### **Career Guidance Cell**

Understanding the importance of career guidance in shaping students' futures, DSVV's Career Guidance Cell plays an essential role in the Mentor-Mentee Scheme. Working closely with faculty mentors, the cell offers extensive career support through:

1. Career workshops and seminars exploring diverse career paths.
2. Personalized career counseling sessions.
3. Assistance with job interview preparation and skill development.
4. Facilitating internships and industry connections for practical exposure.

### **Psycho-Spiritual Counselling Cell**

To address the unique challenges faced by students from diverse backgrounds, DSVV has set up a Psycho-Spiritual Counselling Cell. This cell combines modern psychological techniques with spiritual wisdom, providing a well-rounded approach to mental health and well-being. Services offered include:

1. Individual counseling for personal or emotional challenges.
2. Group therapy to tackle common issues and foster peer support.
3. Workshops on stress management, emotional intelligence, and mindfulness.
4. Spiritual practices like meditation and yoga to promote mental well-being.

The Psycho-Spiritual Counselling Cell collaborates with faculty mentors to identify students who need extra support, ensuring a smooth referral process.

### **Comprehensive Mentoring Approach**

DSVV's Mentor-Mentee Scheme provides continuous guidance throughout the students' academic lives. Each student is assigned a faculty mentor who offers both academic and personal advice. The mentoring process involves:

1. Regular one-on-one meetings between mentors and mentees.
2. Group mentoring to encourage peer learning and support.
3. Monitoring academic performance and intervening when necessary.
4. Guidance on extracurricular activities and personal development opportunities.

Unique elements of DSVV's holistic educational approach are integrated into the scheme:

1. **Spiritual Development:** Mentors assist students in developing their spiritual potential through daily routines such as yoga, meditation, and rituals.
2. **Community Service:** The university's internship program requires students to dedicate time to community service, which is incorporated into the mentoring process.
3. **Cross-Cultural Understanding:** With students from diverse backgrounds, mentors help cultivate cross-cultural understanding and adaptation.

DSVV's Mentor-Mentee Scheme represents a comprehensive and innovative approach to student support. By integrating Life Management teachers, a Career Guidance Cell, and a Psycho-Spiritual Counselling Cell, the university meets the diverse needs of its students. This holistic strategy not only promotes academic success but also fosters personal growth, career preparedness, and overall well-being.



## Programme Coordinators List

Department of Tourism Management

17 July 2023

Programme Coordinator Allocation for MBA and BBA (Tourism & Travel Management) Students for academic year 2023-24. Please find below the list of assigned coordinators for the respective programmes and semesters:

S.No.	Coordinator Name	Programme
01	Dr. Arunesh Parashar	MBA Final Year
02	Dr. Umakant Indolia	BBA Final Year
03	Dr. Avanendu Parashar	MBA First Year
04	Mr. Ashish Kumar	BBA First Year
05	Mr. Pankaj Singh Chandel	BBA Second Year
06	Mr. Prakhar Sing Pal	Tourism Minor and Multidisciplinary Courses
07	Miss Prachi Agarwal	Tourism SEC Course

As coordinators, your roles are pivotal in ensuring the smooth operation and academic excellence of your respective programmes. Your responsibilities will include:

1. Overseeing the academic schedule and ensuring timely completion of the curriculum.
2. Coordinating with faculty members to address any academic issues or concerns.
3. Organizing and conducting orientation sessions for new students.
4. Facilitating communication between students and the administration.
5. Monitoring and supporting the overall academic progress and welfare of the students.
6. Assisting in organizing workshops, seminars, and other academic events.

For any queries or further assistance, please contact the department office.

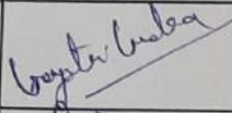


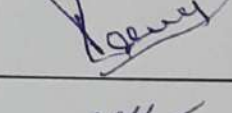
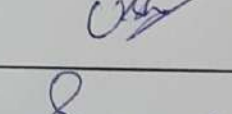
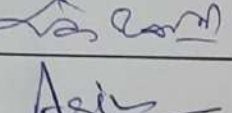
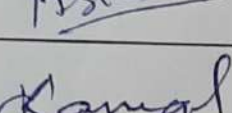
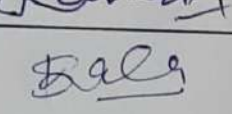
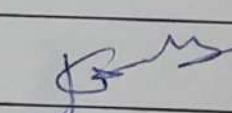
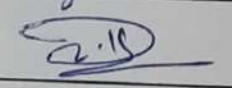

Dr. Arunesh Parashar  
Head of Department  
Department of Tourism Management  
Dev Sanskriti Vishwavidyalaya, Haridwar

Dr. Umakant Indolia  
Head of Department

# Department of Yogic Science & Human Consciousness

Dev Sanskriti Vishwavidyalaya Gayatrikunj Shantikunj, Haridwar

(Course Coordinator)

S.No.	Course Coordinator	Course	Contact No.	Signature
1	Dr. Gayatri Gurvendra	M.A./M.Sc. Yogic Science & Alternative Therapy ( Second Year)	9084393361	
2	Dr. Jyoti Malvi	MSc Yoga Therapy (Second Year)	9258360882	
3	Dr. Kamta Prasad Sahu	M.A./M.Sc. HC&YS (First Year)	9258360903	
4	Dr. Reema Srivastava	Minor Courses Alternative Therapy	8218189136	
5	Dr. Usha Jaiswal	MSc Yoga Therapy (First Year)	6281720778	
6	Dr. Rakesh Varma	B.Sc. Yogic Science (Third Year)	9258360565	
7	Dr. Asim Kulshreshtha	B.Sc. Yogic Science (Second Year)	9410366851	
8	Dr. Kamal Kishore Yadav	B.Sc. Yogic Science (First Year)	9258369868	
9	Dr. Swarnkala Singh	International Student & MA/ MSc. HC&YS (Second Year)	9258360716	
10	Dr. Kamta Prasad Sahu / Mrs. Laxmi Kumari	All Practical Classes	9258360903	
			8877966410	

  
(Dr. Suresh Lal Barnwal)

Head Of Department

Yogic Science & Human Consciousness

**School of Foundation course**  
**Department of Life Management**  
**Class Time Table (JAN-JUNE 2024)**  
**Class timing 08:30 -9:30 AM**  
**U.G.- II SEM**

S. N.	GROUP	SUBJECT	COURSE	DAY	VENUE	TEACHER
1	U	II-SEM  B.VOC. ANIMATION + BBA	PART-I	MONDAY	SRB -302	DR. RUCHI SINGH
			PART-II	TUESDAY	SRB -302	SH. DILIP SARAHA
2	F	II -SEM  BCA + B.SC. MATH	PART-I	MONDAY	SRB -309	DR. PIYUSH TRIVEDI
			PART-II	TUESDAY	SRB -309	SH. PRAKHAR PAL
3	E	II -SEM  B.SC.YOGA	PART-I	MONDAY	PRAYER HALL	MS.KAVERI BALI
			PART-II	TUESDAY	PRAYER HALL	SH. PANKAJ CHANDEL
4	D	B.A. – II SEM  HISTORY + MUSIC + HINDI	PART-I	MONDAY	SRB -303	DR. RAJESHWARI TRIVEDI
			PART-II	TUESDAY	SRB -303	MRS. SHYAMA RATHORE
5	V	II –SEM  BRS + EVS + B.SC. IT	PART-I	MONDAY	SRB -301	DR.ARTI KAIWART
			PART-II	TUESDAY	SRB -301	DR. MONA

*[Signature]*  
30-01-2024

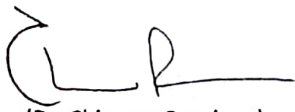
6	W	B.A. – II SEM  PSYCHOLOGY + ENGLISH	PART-I	MONDAY	SRB - 306	DR. NAVEEN PANDEY
			PART-II	TUESDAY	SRB - 306	SH. DILIP SARAH
7	X	B.A - II SEM  SANSKRIT + BAJMC	PART-I	MONDAY	SRB – 307	DR. ARUNESH PARASHAR
			PART-II	TUESDAY	SRB - 307	MS. ANURADHA UPADHYAY

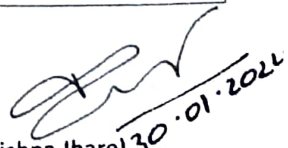
  
 (Dr. Chinmay Pandaya)  
 Pro. Vice Chancellor

  
 (Dr. Krishna Jhare)  
 Head Of Department  
 30-01-2024

**School of Foundation course**  
**Department of Life Management**  
**Class Time Table (JAN-JUNE 2024)**  
**Class timing 08:30 -9:30 AM**  
**U.G. -IV SEM**

S. N.	GROUP	SUBJECT	COURSE	DAY	VENUE	TEACHER
1	T	IV -SEM B.SC. YOGA	PART -I	THURSDAY	PRAYER HALL	DR. GOPAL SHARMA
			PART -II	FRIDAY	PRAYER HALL	DR. RAKESH VERMA
2	S	IV -SEM BCA + BBA	PART -I	THURSDAY	SRB -307	DR. ARTI KAIWART
			PART -II	FRIDAY	SRB -307	SH. PAWAN RAJORIYA
3	O	IV -SEM B.SC. ANIMATION + B.SC. MATH	PART -I	THURSDAY	SRB -301	DR. DURGESH DWIVEDI
			PART -II	FRIDAY	SRB -301	MS. ANURADHA UPADHYAY
4	N	IV -SEM BRS + B.SC IT	PART -I	THURSDAY	SRB -303	DR. DEEPAK KUMAR
			PART -II	FRIDAY	SRB -303	SH. RAVI KANT SAHU
5	M	B.A. -IV SEM  BAJMC + PSYCHOLOGY	PART -I	THURSDAY	SRB -302	SH. ASHISH KUMAR
			PART -II	FRIDAY	SRB -302	SH. RAGHVENDRA JI
6	Z	B.A. -IV SEM  (HISTORY+SANSKRIT+ MUSIC+ENG.+ HINDI)	PART -I	THURSDAY	SRB -202	DR. JWALANT BHAVSAR
			PART -II	FRIDAY	SRB -202	SH. SHRADDHANAND MISHRA

  
(Dr. Chinmay Pandaya)  
Pro. Vice Chancellor

  
(Dr. Krishna Jhare) 30.01.2024  
Head Of Department



**School of Foundation course**  
**Department of Life Management**  
**Class Time Table (July-December 2023)**  
**Class timing 08:30 -9:30 AM**

S. N.	GROUP	SUBJECT	COURSE	DAY	VENUE	TEACHERS
1	A	M.A/M.SC. – I SEM MJMC+MED.PL.+EDU.+SANS +HINDI+ HISTORY & MUSIC+MCA+ HINDU STU.+PHILOSOPHY	PART-I	SATURDAY		DR.KAMTA SAHU
			PART-II	TUESDAY		PROF. SUKHNANDAN SINGH
2	B	M.A/M.SC. – I SEM MBA + PSYCHOLOGY	PART-I	MONDAY		DR.KRISHNA JHARE
			PART-II	TUESDAY		DR. DURGESH DWIVEDI
3	C	M.A/M.SC. – I SEM  ALL YOGA COURSES	PART-I	MONDAY		PROF. ABHAY SAXENA
			PART-II	TUESDAY		DR. GOPAL SHARMA
4	D	B.A. – I SEM HISTORY+SANSKRIT+ MUSIC+ENG.+ HINDI+ BJMC+PSYCHOLOGY	PART-I	MONDAY		SH. ASHISH KUMAR
			PART-II	TUESDAY		DR. NAVEEN PANDEY
5	E	I -SEM B.SC.YOGA+BRS +B.SC. IT	PART-I	SATURDAY		DR. GOPAL SHARMA
			PART-II	TUESDAY		SH. PRAKHAR PAL
6	F	I -SEM BCA+B.SC.ANIMATION+ BBA+ B.SC MATH	PART-I	SATURDAY		DR. DEEPAK KUMAR
			PART-II	TUESDAY		MS.KAVERI MA'AM

*[Signature]*  
25.07.2023

7	G	B.A - V SEM	PART-I	SATURDAY	DR. JWALANT BHAVSAR
		HINDI+SANSKRIT+HISTOR Y + MUSIC+ ENG + BAJM+ PSYCHOLOGY	PART-II		INTERNSHIP CELL
8	H	V -SEM	PART-I	SATURDAY	DR. KAMTA SAHU
		B.SC YOGA+BRS+ EVS+ B.SC IT	PART-II		INTERNSHIP CELL
9	I	V -SEM	PART-I	SATURDAY	DR. PIYUSH TRIVEDI
		BCA+BVOC.ANIM.+ BBA+B.SC MATH	PART-II		INTERNSHIP CELL
10	J	M.A/M.SC- III SEM	PART-I	SATURDAY	SH. SANDEEP KUMAR
		MA JMC+M.SC Med.PL.+SANSKRIT+HIN +EDU.+HISTORY & MUSIC+MCA+HINDU STU.	PART-II		INTERNSHIP CELL
11	K	III -SEM	PART-I	SATURDAY	PROF. SUKHNANDAN SINGH
		M.A/M.SC PSY. + MBA	PART-II		INTERNSHIP CELL
12	L	M.A/M.SC -III SEM	PART-I	SATURDAY	DR.KRISHNA JHARE
		ALL YOGA COURSES	PART-II		INTERNSHIP CELL
13	M	B.A. -III SEM	PART-I	FRIDAY	MS.ANURADHA UPADHYAY
		(HISTORY+SANSKRIT+ MUSIC+ENG.+ HINDI+ BJMC+PSYCHOLOGY )	PART-II	SATURDAY	DR. ARTI KAIWART

*[Signature]*  
25-07-2023

14	N	III –SEM B.SC YOGA+BRS+ B.SC IT	PART-I	TUESDAY		DR. RUCHI SINGH
			PART-II	SATURDAY		SH. DILIP SARAH
15	O	III –SEM BCA+B.SC ANIMATION+ BBA+B.SC MATH	PART-I	FRIDAY		DR. JWALANT BHAVSAR
			PART-II	SATURDAY		DR. DEEPAK KUMAR
16	P	B.Ed. – 1 SEM	PART-I	MONDAY		SH. SHANDEEP KUMAR
			PART-II	TUESDAY		DR. SMITA VASHISTH
17	Q	I-SEM ALL DIPLOMA	PART-I	MONDAY		SMT. SHYAMA RATHORE
			PART-II	TUESDAY		

  
 (Dr. Chinmay Pandya)  
 Pro. Vice Chancellor

  
 25.07.2023  
 (Dr. Krishna Jhare)  
 Head of Department



## Programme Coordinators List

Department of Tourism Management

04 July 2022

Program Coordinator Allocation for MBA and BBA (Tourism & Travel Management) Students for academic year 2022-23. Please find below the list of assigned coordinators for the respective programs and semesters:

S.No.	Coordinator Name	Programe
01	Dr. Arunesh Parashar	MBA 3rd Semester
02	Dr. Umakant Indolia	BBA 5th Semester
03	Dr. Avanendu Parashar	MBA 1st Semester
04	Dr. Monika Pandey	BBA 3rd Semester
05	Mr. Ashish Kumar	BBA 1st Semester

As coordinators, your roles are pivotal in ensuring the smooth operation and academic excellence of your respective programs. Your responsibilities will include:

1. Overseeing the academic schedule and ensuring timely completion of the curriculum.
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4. Facilitating communication between students and the administration.
5. Monitoring and supporting the overall academic progress and welfare of the students.
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For any queries or further assistance, please contact the department office.

Dr. Arunesh Parashar  
Head of Department  
Department of Tourism Management  
Dev Sanskriti Vishwavidyalaya, Haridwar

Dr. Umakant Indolia  
Head of Department

**School of Foundation Course**  
**Department of Life Management**  
**Class Time Table (July-December 2022)**  
**Class Timing 08:30am-09:15am**

Subject	Course	Teacher	Day
M.A./M.Sc. III Sem (M.A/JMC+M.Sc Med.PL.+EVS+M.A Edu.+Sans.+Hindi+ Indian History & Music)	Part I	Dr. Krishna Jhare	Saturday
	Part II	Interenship	Friday
(MCA+MBA + M.A/M.Sc Psy.)	Part I	Prof. Sukhnandan Singh	Saturday
	Part II	Interenship	Friday
M.A./M.Sc. III Sem (All Yoga Courses)	Part I	Prof. Abhay Saxena	Saturday
	Part II	Interenship	Friday
B.A History+Sanskrit +Music+ Eng.+Hindi+Psychology+ BJMC V Sem	Part I	Sh. Deepak Kumar	Friday
	Part II	Interenship	Saturday
B.Sc Yoga+BRS+EVS+ BSc.IT V Sem	Part I	Dr. Kamta Sahu	Saturday
	Part II	Interenship	Friday
BCA+B.Sc Ani.+BBA+ B.Sc Math. V Sem	Part I	Dr.Piyush Trivedi	Friday
	Part II	Interenship	Saturday
B.A Hindi,Sanskrit, History & Music+ B.A Rural +B.A.JM+Psychology III Sem	Part I	Dr.Sandhya Ma'am	Friday
	Part II	Ms. Anuradha Ma'am	Saturday
B.Sc Yoga+BRS+EVS+ BSc.IT III Sem	Part I	Dr. Ruchi Singh	Friday
	Part II	Sh. Prakhar Pal	Saturday

BCA & BVOC Anim.+BBA+BSc.Math III Sem	Part I	Dr.Pankaj Chandel	Friday
	Part II	Sh.Deepak Sir	Saturday
B.Sc Ani.&BBA & B.Sc Math III Sem	Part I	Dr.Piyush Trivedi	Saturday
	Part II	Dr.Shashikala Sahu	Friday
B.Ed III Sem	Part I	Sh. Sandeep Kumar	Saturday
	Part II	Mrs. Kaveri Ma'am	Friday
M.A./M.Sc. I Sem (M.AJMC+M.Sc Med.Pl.+ EVS+ M.A Edu.+ Sans.+Hindi+ Indian History & Music)	Part I	Dr.Kamta Sahu	Monday
	Part II	Sh. Ashish Kumar	Tuesday
(MCA+ MBA + M.A/M.Sc Psy.) Sem	Part I	Prof. Sukhnandan Singh	Monday
	Part II	Dr. Rajeshwari Trivedi	Tuesday
M.A./M.Sc. I Sem (All Yoga Courses)	Part I	Prof. Abhay Saxena	Monday
	Part II	Dr. Gopal Sharma	Tuesday
B.A History+Sanskrit +Music+ Eng.+Hindi+Psychology+ BJMC I Sem	Part I	Sh. Deepak Kumar	Monday
	Part II	Dr.Arati	Tuesday
B.Sc Yoga+BRS+EVS+ BSc.IT I Sem	Part I	Dr. Kamta Sahu	Monday
	Part II	Ms.Anuradha Ma'am	Tuesday
BCA+B.Sc Ani.+BBA+ B.Sc Math. I Sem	Part I	Dr.Piyush Trivedi	Monday
	Part II	Dr.Shashikala Sahu	Tuesday

B.Ed I Sem	Part I	Sh. Sandeep Kumar	Monday
	Part II	Shri Gopal Ji	Tuesday
Certificate All Se	Part I	Dr Sandhya Ma'am	Monday
Diploma Ist Sem	Part I	Dr.Shashi Didi	Monday
	Part II	Mrs. Anuradha Ma'am	Tuesday

### Special Classes

on'ble Dr. Pranav Pandya (Shradhey)	Every Thursday 6.30 PM
Respt. Sharad Pardhy (Vice Chancellor)	Subject Group-wise
Respt. Dr. Chinmay Pandya (Pro Vice Chancellor)	Common Group wise-Once In a week

Pro. Vice Chancellor  
( Dr. Chinmay Pandya)

  
 (Dr.Krishna Jhare)  
 Head of Department  
 08.06.2022